

THE NATIONAL SAMPLE SURVEY  
TWENTYSIXTH ROUND      JULY 1971 - JUNE 1972

NUMBER 258/11

CALORIE AND PROTEIN CONTENT OF FOOD ITEMS  
CONSUMED PER DIEM PER CONSUMER UNIT

ALL-INDIA URBAN



ISSUED BY

NATIONAL SAMPLE SURVEY ORGANISATION  
DEPARTMENT OF STATISTICS : MINISTRY OF PLANNING  
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Introduction :

1. In its twentysixth round of countrywide survey, National Sample Survey Organisation (NSSO) of India collected detailed information on expenditure incurred by a sample household on domestic consumption. Value and quantity of 101 listed items of food consumed during a period of 30 days preceding the day of enquiry had been collected from the sample households.

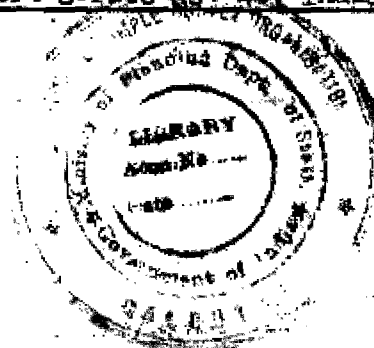
2. Appropriate conversion factors <sup>1/</sup> were applied to the quantity of food items consumed for deriving the energy (calorie) and protein (in gm.) content of those. The total number of household members were then converted into consumer units, using the age-sex composition of the household members. All these conversions were done to arrive at the per diem intake of calorie and protein per consumer unit.

3. The general sample design is stratified with two-stage selection within each stratum. The first-stage units are villages in rural areas and blocks in urban areas; the second-stage units are households. The frame is the list of villages as per the 1961 population census for the rural areas, and towns and cities of the 1961 population census sub-divided into blocks are used as the frame for urban areas.

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\* This special tabulation work for the rural and urban areas of various states of India has been done by the NSSO to meet the requirement of the Food and Agriculture Organisation of the United Nations (FAO). Statewise results have been released in brochure numbers 258/1 to 258/9 and the results of all-India rural are shown in brochure number 258/10. Chart-1 on page 3 shows the appropriate brochure no. in which the results relating to a particular state is available. The present set of tables show the pooled estimates for all-India urban.

<sup>1/</sup> The conversion factors were mostly taken from - "The Nutritive value of Indian Foods and the Planning of Satisfactory Diets" by C. Gopalan et. al. Special Report Series No. 42, Indian Council of Medical Research (1966).



Explanatory note on the Table :

4. The estimated number of households in the urban areas of a state has been grouped by two different characteristics - (i) calorie intake per diem per consumer unit and (ii) per capita monthly consumer expenditure. For each of these groups of households the table shows the - (a) number of households in the sample, (b) average size (number of persons) of household, (c) number of consumer units per household, (d) percentage of calorie intake from five broad food groups and (e) average intake of calorie and protein (gm.) per consumer unit per diem.

5. The grouping of classificatory characters are :

A. Calorie intake per diem per consumer unit group

- (1) upto - 1500, (2) 1501- 1700, (3) 1701 - 1900, (4) 1901-2100, (5) 2101 - 2300, (6) 2301 - 2500, (7) 2501 - 2700, (8) 2701-3000, (9) 3001 - 3500, (10) 3501 - 4000, (11) 4001 & above and (12) all groups;

B. Per capita monthly consumer expenditure (in rupees) group

- (1) 00 - 15, (2) 15 - 21, (3) 21 - 24, (4) 24 - 28, (5) 28 - 34, (6) 34 - 43, (7) 43 - 55, (8) 55 - 75, (9) 75 - 100, (10) 100 and above and (11) all classes;  
 [ 00 - 15 means 00 - 14.99, 15 - 21 means 15 - 20.99 and so on ]

C. Food groups

- I - cereals, potato, sugar, jaggery and cereal substitutes;  
 II - pulses, nuts and seeds;  
 III - milk and milk products; meat, egg and fish;  
 IV - edible oils;  
 V - fruits, vegetables, spices and prepared food.

D. Conversion of individuals to consumer units

Age (in years)	consumer units	
	male	female
under 1	0.43	0.43
1 - 3	0.54	0.54
4 - 6	0.72	0.72
7 - 9	0.87	0.87
10 - 12	1.03	0.93
13 - 15	0.97	0.80
16 - 19	1.02	0.75
20 - 39	1.00	0.71
40 - 49	0.95	0.68
50 - 59	0.90	0.64
60 - 69	0.80	0.51
70 +	0.70	0.55

CHART- 1 : REFERENCE OF RESULTS RELATING TO DIFFERENT STATES PRESENTED IN THE SERIES OF BROCHURE NOS. 258/1 to 258/11 \*

state/union territory	serial number of state/union territory	brochure number	
		rural	urban
(1)	(2)	(3)	(4)
Andhra Pradesh	1	258/7	258/9
Assam	2	258/1	258/1
Bihar	3	258/1	258/1
Gujarat	4	258/2	258/5
Haryana	5	258/6	258/8
Himachal Pradesh	6	258/8	258/8
Jammu & Kashmir	7	258/6	258/8
Kerala	8	258/7	258/9
Madhya Pradesh	9	258/2	258/5
Maharashtra	10	258/3	258/6
Meghalaya	11	258/4	258/4
Mysore	12	258/7	258/9
Nagaland	13	-	258/4
Orissa	14	258/3	258/3
Punjab	15	258/6	258/8
Rajasthan	16	258/2	258/5
Tamil Nadu	17	258/7	258/9
Uttar Pradesh	18	258/6	258/8
West Bengal	19	258/3	258/3
Chandigarh	20	-	258/8
Delhi	21	258/8	258/8
Goa, Daman & Diu	22	258/4	258/5
Manipur	23	258/4	258/4
Pondicherry	24	258/7	258/9
Tripura	25	258/7	258/9
All-India	26	258/10	258/11

\* Brochure, No.258A entitled 'A Note on the Procedure of Estimation of Calorie & Protein consumption level from the Information Collected in Consumer Expenditure Survey, NSS 26th Round,' has also been brought out in this series.

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA		no. of sample blocks : 4375			Per capita monthly expenditure group : all expenditure classes						
calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1300	1028	6.20	5.03	76.74	5.73	4.99	5.63	6.91	100.00	1238	35
1501 - 1700	808	6.20	5.01	77.94	5.62	4.88	5.87	5.69	100.00	1604	46
1701 - 1900	1201	6.18	5.01	77.57	6.07	5.01	6.36	4.99	100.00	1800	51
1901 - 2100	1529	5.93	4.80	76.79	5.98	5.69	6.62	4.92	100.00	2231	58
2101 - 2300	1744	5.73	4.64	75.35	6.21	6.28	6.86	5.30	100.00	2201	64
2301 - 2500	2054	4.92	4.00	72.02	6.22	6.63	6.71	8.42	100.00	2400	69
2501 - 2700	2075	4.37	3.55	69.26	5.95	7.31	7.06	10.42	100.00	2598	75
2701 - 3000	2571	4.29	3.48	69.93	6.35	7.76	5.62	10.34	100.00	2799	84
3001 - 3500	2830	3.92	3.17	69.45	6.58	8.72	6.11	9.14	100.00	3184	94
3501 - 4000	1525	3.60	2.90	68.65	6.86	8.96	7.34	8.19	100.00	3720	108
4001 & above	2054	2.84	2.24	62.19	7.30	10.20	7.20	13.11	100.00	5217	156
all groups	19459	4.72	3.81	71.08	6.38	7.43	6.54	8.57	100.00	2539	52

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL INDIA

Per capita monthly expenditure group : Rs. 00-15

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	123	6.35	5.06	85.29	3.67	2.23	3.58	5.23	100.00	1018	29
1501 - 1700	26	6.61	5.02	90.74	3.06	1.60	2.30	2.30	100.00	1599	49
1701 - 1900	7	6.57	5.31	91.72	3.70	0.37	2.43	1.78	100.00	1815	61
1901 - 2100	7	6.21	4.72	93.05	2.13	0.67	1.93	2.22	100.00	1985	67
2101 - 2300	10	4.94	3.97	92.37	1.25	0.74	1.68	3.96	100.00	2213	78
2301 - 2500	1	4.00	3.22	76.19	2.16	8.23	11.69	1.73	100.00	2391	69
2501 - 2700	1	1.00	0.68	98.95	-	-	1.05	-	100.00	2526	55
2701 - 3000	-	-	-	-	-	-	-	-	-	-	-
3001 - 3500	2	2.69	2.07	68.07	9.86	7.58	9.62	4.87	100.00	3123	88
3501 - 4000	-	-	-	-	-	-	-	-	-	-	-
4001 & above	1	1.00	0.95	73.43	6.66	12.30	5.97	1.64	100.00	5291	172
all groups	178	6.20	4.90	87.09	3.40	2.03	3.26	4.22	100.00	1228	37

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	283	7.06	5.69	82.68	4.81	3.27	4.44	4.80	100.00	1237	35
1501 - 1700	138	6.63	5.17	86.63	4.09	2.28	3.74	3.26	100.00	1595	46
1701 - 1900	115	6.75	5.24	87.60	4.21	1.82	3.75	2.62	100.00	1791	54
1901 - 2100	78	6.58	5.07	88.23	3.98	1.53	3.23	3.03	100.00	1994	62
2101 - 2300	44	6.25	4.78	90.81	2.89	1.53	2.89	1.88	100.00	2169	69
2301 - 2500	19	5.05	3.87	91.58	2.82	1.10	2.30	2.20	100.00	2398	78
2501 - 2700	10	6.22	4.48	93.31	2.14	1.30	1.68	1.57	100.00	2588	85
2701 - 3000	13	4.64	3.33	93.48	2.02	0.79	1.63	2.08	100.00	2809	96
3001 - 3500	7	3.46	2.70	71.05	2.91	19.96	2.70	3.38	100.00	3197	81
3501 - 4000	3	5.42	3.97	73.70	1.22	0.34	1.39	23.35	100.00	3603	110
4001 & above	4	4.87	3.86	62.42	2.34	0.31	0.43	34.50	100.00	6249	124
all groups	714	6.70	5.27	85.44	4.14	2.54	3.71	4.17	100.00	1582	46



National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	140	6.59	5.30	79.07	5.77	4.86	5.89	4.41	100.00	1312	36
1501 - 1700	108	6.59	5.30	82.12	4.90	3.08	4.82	5.08	100.00	1592	46
1701 - 1900	137	6.41	5.13	84.55	5.18	2.56	3.85	3.86	100.00	1790	52
1901 - 2100	103	6.05	4.72	86.05	4.98	2.21	4.17	2.59	100.00	1992	61
2101 - 2300	74	6.71	5.27	87.40	4.23	2.15	3.73	2.49	100.00	2183	70
2301 - 2500	61	6.31	4.93	87.23	3.82	1.98	3.19	3.78	100.00	2384	75
2501 - 2700	22	5.79	4.39	86.54	4.70	2.27	4.38	2.11	100.00	2606	84
2701 - 3000	30	5.09	3.84	86.52	3.72	2.86	3.77	3.13	100.00	2824	86
3001 - 3500	12	3.28	2.32	87.34	2.79	3.65	2.14	4.08	100.00	3291	108
3501 - 4000	6	6.01	4.47	91.76	3.96	1.26	1.89	1.13	100.00	3748	123
4001 & above	6	1.66	1.18	47.71	4.67	5.97	5.88	35.77	100.00	4480	134
all groups	699	6.29	4.99	84.04	4.84	2.93	4.30	3.89	100.00	1821	54

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL INDIA

Per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	161	6.14	4.98	75.61	6.56	5.13	5.72	6.98	100.00	1273	35
1501 - 1700	121	6.38	5.13	80.01	5.31	4.59	5.86	4.23	100.00	1607	45
1701 - 1900	193	6.35	5.12	82.36	5.07	3.43	5.57	3.57	100.00	1803	52
1901 - 2100	212	6.30	5.00	84.05	4.86	3.05	4.88	3.16	100.00	1986	58
2101 - 2300	156	6.60	5.25	85.26	4.73	2.79	4.38	2.84	100.00	2190	50
2301 - 2500	120	5.93	4.62	86.55	4.46	2.72	3.61	2.66	100.00	2395	73
2501 - 2700	86	5.71	4.41	85.84	4.50	3.11	3.76	2.79	100.00	2588	83
2701 - 3000	52	5.11	3.87	87.85	4.16	1.87	3.82	2.30	100.00	2807	86
3001 - 3500	31	4.96	3.73	88.79	3.64	1.26	3.33	2.98	100.00	3192	98
3501 - 4000	16	4.33	3.36	85.32	3.43	1.56	1.98	7.71	100.00	3682	115
4001 & above	16	4.44	3.44	63.57	1.84	2.09	2.13	30.37	100.00	5652	151
all groups	1164	6.13	4.88	82.68	4.88	3.29	4.70	4.45	100.00	1970	58

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA				Per capita monthly expenditure group : Rs. 28-34							
calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	113	6.29	5.18	71.76	6.83	7.65	6.94	6.82	100.00	1280	37
1501 - 1700	175	6.40	5.22	75.46	6.49	5.98	6.29	5.78	100.00	1596	45
1701 - 1900	267	6.45	5.24	77.56	6.15	5.09	6.43	4.77	100.00	1800	51
1901 - 2100	316	6.44	5.20	80.68	5.75	4.08	5.66	3.83	100.00	1998	58
2101 - 2300	280	6.14	4.88	81.61	5.50	3.99	5.15	3.75	100.00	2203	66
2301 - 2500	282	5.37	4.22	81.38	5.29	3.87	4.86	4.60	100.00	2397	71
2501 - 2700	202	5.41	4.23	82.99	4.78	3.12	4.27	4.84	100.00	2602	76
2701 - 3000	174	5.57	4.93	84.39	5.51	2.80	3.54	3.76	100.00	2825	86
3001 - 3500	132	5.02	3.89	84.92	4.80	3.37	3.51	3.40	100.00	3184	100
3501 - 4000	27	3.86	2.88	84.26	4.28	2.60	2.75	6.11	100.00	3700	109
4001 & above	24	4.23	3.08	66.98	4.48	5.90	2.48	20.16	100.00	5157	152
all groups	1992	5.95	4.76	80.19	5.60	4.29	5.15	4.77	100.00	2130	62

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

ALL-INDIA				Per capita monthly expenditure group : Rs. 34 - 43							
calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	89	5.75	4.76	66.11	7.37	7.97	8.18	10.37	100.00	1316	37
1501 - 1700	132	6.16	5.05	72.65	6.53	6.32	7.65	6.85	100.00	1623	46
1701 - 1900	247	6.03	4.90	73.43	7.01	6.68	7.54	5.34	100.00	1801	51
1901 - 2100	367	6.16	5.01	76.49	6.08	5.82	6.98	4.63	100.00	2002	58
2101 - 2300	457	5.75	4.76	76.29	6.29	5.78	7.09	4.55	100.00	2136	61
2301 - 2500	398	5.64	4.54	77.45	6.21	5.59	6.16	4.59	100.00	2397	69
2501 - 2700	339	5.39	4.29	79.35	5.55	5.12	5.66	4.32	100.00	2597	76
2701 - 3000	386	5.38	4.26	80.75	5.82	4.58	5.23	3.62	100.00	2825	84
3001 - 3500	316	4.84	3.77	81.79	4.99	4.91	4.81	3.50	100.00	3193	97
3501 - 4000	96	3.88	3.00	85.56	5.94	2.75	3.57	2.18	100.00	3728	116
4001 & above	92	3.42	2.59	57.29	5.10	4.11	2.74	30.76	100.00	5759	175
all groups	2899	5.54	4.45	77.70	6.06	5.47	5.03	5.74	100.00	2343	69

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

ALL-INDIA

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	52	4.90	4.08	62.62	7.98	7.83	8.11	13.46	100.00	1300	36
1501 - 1700	65	5.34	4.42	68.49	7.01	8.27	8.02	8.21	100.00	1623	46
1701 - 1900	123	6.10	5.08	70.98	7.45	6.66	8.54	6.37	100.00	1810	57
1901 - 2100	261	5.46	4.48	70.27	7.22	8.20	8.23	6.08	100.00	2011	58
2101 - 2300	336	5.74	4.69	73.37	6.68	7.06	7.52	5.37	100.00	2196	63
2301 - 2500	425	5.33	4.35	72.48	6.82	6.75	7.38	6.57	100.00	2398	68
2501 - 2700	387	4.98	4.02	72.96	6.66	7.33	7.30	5.75	100.00	2596	77
2701 - 3000	468	4.88	3.88	75.17	6.34	6.60	6.83	5.06	100.00	2846	81
3001 - 3500	496	4.56	3.63	76.76	6.45	6.03	5.82	4.94	100.00	3219	95
3501 - 4000	22	4.44	3.50	79.42	6.17	5.02	5.19	4.20	100.00	3714	112
4001 & above	163	3.46	2.62	67.27	9.32	6.20	4.73	12.48	100.00	5014	158
all groups	3001	5.04	4.07	73.63	6.82	6.68	6.82	6.05	100.00	2622	76

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for, FAO)

TABLE (26.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 55 - 75

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	24	2.77	2.39	48.75	7.75	10.44	10.93	22.13	100.00	1060	30
1501 - 1700	31	4.69	3.91	61.16	7.20	7.67	8.57	15.40	100.00	1609	47
1701 - 1900	70	5.27	4.35	65.42	7.79	9.06	9.34	8.39	100.00	1811	51
1901 - 2100	151	5.40	4.50	64.17	7.19	10.96	10.02	7.66	100.00	2011	57
2101 - 2300	253	5.28	4.34	65.51	7.86	9.78	9.27	7.58	100.00	2210	62
2301 - 2500	378	4.34	3.72	63.63	7.34	9.44	8.55	11.04	100.00	2402	68
2501 - 2700	466	4.21	3.47	64.52	6.67	9.23	8.75	10.83	100.00	2593	74
2701 - 3000	563	4.53	3.69	69.00	6.68	8.99	7.80	7.53	100.00	2843	81
3001 - 3500	644	3.93	3.18	71.03	7.12	7.77	7.31	6.77	100.00	3219	93
3501 - 4000	355	3.95	3.15	72.21	7.13	7.88	7.56	5.22	100.00	3703	109
4001 & above	362	3.07	2.35	71.72	6.36	9.92	5.74	6.26	100.00	4806	137
all groups	3297	4.26	3.46	68.32	6.99	8.96	7.87	7.86	100.00	2872	82

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 75-100

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	16	1.93	1.72	27.86	1.68	4.97	2.25	63.24	100.00	1107	26
1501 - 1700	7	2.08	1.82	44.71	2.52	6.25	4.66	41.86	100.00	1559	41
1701 - 1900	30	4.19	3.47	59.91	5.53	11.34	7.62	15.60	100.00	1785	53
1901 - 2100	46	3.78	3.13	58.80	7.58	9.36	8.94	15.32	100.00	2039	54
2101 - 2300	96	4.90	4.32	62.25	6.86	11.12	9.17	10.60	100.00	2213	62
2301 - 2500	204	3.78	3.19	55.88	6.37	10.53	8.43	18.79	100.00	2420	59
2501 - 2700	266	3.26	2.78	52.33	6.17	10.07	8.91	21.52	100.00	2604	72
2701 - 3000	397	3.68	3.08	57.30	7.42	9.95	9.24	16.09	100.00	2845	80
3001 - 3500	493	3.76	3.10	64.43	7.01	10.39	8.81	9.36	100.00	3244	92
3501 - 4000	265	3.66	2.99	67.51	7.50	9.57	8.44	6.98	100.00	3728	107
4001 & above	389	2.89	2.28	64.30	6.61	8.58	8.09	12.42	100.00	5058	148
all groups	2209	3.55	2.95	61.64	6.90	9.80	8.64	13.02	100.00	3190	91

National Sample Survey : 26th Round, July 1971 - June 1972 (special tabulation for FAO)

TABLE (26.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA				Per capita monthly expenditure group : Rs. 100 & above							
calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto - 1500	27	2.47	2.10	40.36	3.54	12.10	5.89	38.11	100.00	1119	22
1501 - 1700	5	1.00	0.91	12.48	1.47	19.71	0.74	65.60	100.00	1582	106
1701 - 1900	12	2.62	2.24	34.14	9.15	12.61	12.05	32.05	100.00	1839	50
1901 - 2100	28	3.27	2.85	51.51	5.85	16.42	9.99	16.23	100.00	2001	56
2101 - 2300	58	3.48	3.00	52.13	7.75	13.90	10.00	16.22	100.00	2207	62
2301 - 2500	166	2.58	2.26	42.93	5.63	10.64	8.04	32.76	100.00	2418	65
2501 - 2700	296	2.62	2.25	43.07	5.43	11.42	8.32	31.76	100.00	2612	71
2701 - 3000	488	2.71	2.35	43.33	5.88	12.39	7.99	30.41	100.00	2852	98
3001 - 3500	697	3.02	2.55	48.84	6.96	14.23	9.80	20.17	100.00	3242	90
3501 - 4000	532	2.87	2.39	53.82	7.29	14.23	9.30	15.36	100.00	3735	105
4001 & above	997	2.53	2.06	55.63	7.88	12.58	11.39	12.52	100.00	5588	167
all groups	3306	2.75	2.31	51.25	7.13	13.07	10.02	18.53	100.00	3750	110